

# ZUMBA FITNESS IN RODENKIRCHEN

Stand: 04.04.2012

MONTAG	DIENSTAG	MITTWOCH	DONNERSTAG	FREITAG	SAMSTAG	SONNTAG
10:00 – 11:00 PILATES Perdita		10:00 – 11:00 ZUMBA Fitness Level 1 Adrian		10:00 – 11:00 ZUMBA Fitness Level 1 Adrian / Timo	10:00 – 11:00 ZUMBA Fitness Level 2 Adrian	11:30 – 12:30 ZUMBA Fitness Level 1 Adrian / Timo
17:00 – 18:00 ZUMBA Fitness Level 1 Nadine <i>NEU!</i>	17:00 – 18:00 ZUMBA Fitness Level 1 <i>NEU!</i>		18:30 – 19:30 ZUMBA Fitness Level 2 Patrick			12:45 – 13:45 ZUMBA Fitness Level 2 Adrian / Timo
18:15 – 19:15 ZUMBA Fitness Level 1 Adrian	18:00 – 19:00 ZUMBA Fitness Level 2 Timo	18:15 – 19:15 ZUMBA Fitness Level 2 Adrian	19:00 – 20:00 PILATES Perdita	18:00 – 19:00 ZUMBA Fitness Level 2 Adrian / Timo		
19:30 – 20:30 ZUMBA Fitness Level 2 Nadine	19:00 – 20:00 ZUMBA Fitness Level 1 Timo	19:30 – 20:30 ZUMBA Fitness Level 1 Tina	20:00 – 21:00 Hot Iron Perdita			
	20:00 – 21:00 PILATES Anna		21:00 – 22:00 ZUMBA Fitness Level 1			

Schnupperangebot	19,00 €	3x Schnuppern an beliebigen Terminen
Zehnerkarte	95,00 €	beliebig einsetzbar
Variante A	25,00 € mtl.	1x wöchentliches Training
Variante B	35,00 € mtl.	Mehrfach wöchentliches Training
Variante C	45,00 € mtl.	Mehrfach wöchentliches Training in Lindenthal und Rodenkirchen

\*Alle Angaben ohne Gewähr

## ZUMBA FITNESS IN LINDENTHAL

MONTAG	DIENSTAG	MITTWOCH	DONNERSTAG	FREITAG	SAMSTAG	SONNTAG <span style="color: red; font-weight: bold;">NEU!</span>																		
	<table border="1" style="margin: auto;"> <tr><td style="text-align: center;">10:00 – 11:00</td></tr> <tr style="background-color: #0000FF; color: white;"><td style="text-align: center;">ZUMBA Fitness</td></tr> <tr><td style="text-align: center;">Level 1 + 2 Lindenthal</td></tr> </table>	10:00 – 11:00	ZUMBA Fitness	Level 1 + 2 Lindenthal		<table border="1" style="margin: auto;"> <tr><td style="text-align: center;">10:00 – 11:00</td></tr> <tr style="background-color: #0000FF; color: white;"><td style="text-align: center;">ZUMBA Fitness</td></tr> <tr><td style="text-align: center;">Level 1 + 2 Lindenthal</td></tr> </table>	10:00 – 11:00	ZUMBA Fitness	Level 1 + 2 Lindenthal			<table border="1" style="margin: auto;"> <tr><td style="text-align: center;">10:00 – 11:00</td></tr> <tr style="background-color: #0000FF; color: white;"><td style="text-align: center;">ZUMBA Fitness</td></tr> <tr><td style="text-align: center;">Level 1 Lindenthal</td></tr> </table>	10:00 – 11:00	ZUMBA Fitness	Level 1 Lindenthal	<table border="1" style="margin: auto;"> <tr><td style="text-align: center;">12:00 – 13:00</td></tr> <tr style="background-color: #0000FF; color: white;"><td style="text-align: center;">ZUMBA Fitness</td></tr> <tr><td style="text-align: center;">Level 1 Lindenthal</td></tr> </table>	12:00 – 13:00	ZUMBA Fitness	Level 1 Lindenthal					
10:00 – 11:00																								
ZUMBA Fitness																								
Level 1 + 2 Lindenthal																								
10:00 – 11:00																								
ZUMBA Fitness																								
Level 1 + 2 Lindenthal																								
10:00 – 11:00																								
ZUMBA Fitness																								
Level 1 Lindenthal																								
12:00 – 13:00																								
ZUMBA Fitness																								
Level 1 Lindenthal																								
<table border="1" style="margin: auto;"> <tr><td style="text-align: center;">17:00 – 18:00</td></tr> <tr style="background-color: #0000FF; color: white;"><td style="text-align: center;">ZUMBA Fitness</td></tr> <tr><td style="text-align: center;">Level 2 Lindenthal</td></tr> </table>	17:00 – 18:00	ZUMBA Fitness	Level 2 Lindenthal	<table border="1" style="margin: auto;"> <tr><td style="text-align: center;">17:00 – 18:00</td></tr> <tr style="background-color: #0000FF; color: white;"><td style="text-align: center;">ZUMBA Fitness</td></tr> <tr><td style="text-align: center;">Level 2 Lindenthal</td></tr> </table>	17:00 – 18:00	ZUMBA Fitness	Level 2 Lindenthal	<table border="1" style="margin: auto;"> <tr><td style="text-align: center;">17:00 – 18:00</td></tr> <tr style="background-color: #0000FF; color: white;"><td style="text-align: center;">ZUMBA Fitness</td></tr> <tr><td style="text-align: center;">Level 1 Lindenthal</td></tr> </table>	17:00 – 18:00	ZUMBA Fitness	Level 1 Lindenthal	<table border="1" style="margin: auto;"> <tr><td style="text-align: center;">17:00 – 18:00</td></tr> <tr style="background-color: #0000FF; color: white;"><td style="text-align: center;">ZUMBA Fitness</td></tr> <tr><td style="text-align: center;">Level 1 Lindenthal</td></tr> </table>	17:00 – 18:00	ZUMBA Fitness	Level 1 Lindenthal		<table border="1" style="margin: auto;"> <tr><td style="text-align: center;">10:00 – 11:00</td></tr> <tr style="background-color: #0000FF; color: white;"><td style="text-align: center;">ZUMBA Fitness</td></tr> <tr><td style="text-align: center;">Level 2 Lindenthal</td></tr> </table>	10:00 – 11:00	ZUMBA Fitness	Level 2 Lindenthal	<table border="1" style="margin: auto;"> <tr><td style="text-align: center;">13:15 – 14:15</td></tr> <tr style="background-color: #0000FF; color: white;"><td style="text-align: center;">ZUMBA Fitness</td></tr> <tr><td style="text-align: center;">Level 2 Lindenthal</td></tr> </table>	13:15 – 14:15	ZUMBA Fitness	Level 2 Lindenthal
17:00 – 18:00																								
ZUMBA Fitness																								
Level 2 Lindenthal																								
17:00 – 18:00																								
ZUMBA Fitness																								
Level 2 Lindenthal																								
17:00 – 18:00																								
ZUMBA Fitness																								
Level 1 Lindenthal																								
17:00 – 18:00																								
ZUMBA Fitness																								
Level 1 Lindenthal																								
10:00 – 11:00																								
ZUMBA Fitness																								
Level 2 Lindenthal																								
13:15 – 14:15																								
ZUMBA Fitness																								
Level 2 Lindenthal																								
<table border="1" style="margin: auto;"> <tr><td style="text-align: center;">18:00 – 19:00</td></tr> <tr style="background-color: #0000FF; color: white;"><td style="text-align: center;">ZUMBA Fitness</td></tr> <tr><td style="text-align: center;">Level 1 Lindenthal</td></tr> </table>	18:00 – 19:00	ZUMBA Fitness	Level 1 Lindenthal	<table border="1" style="margin: auto;"> <tr><td style="text-align: center;">18:00 – 19:00</td></tr> <tr style="background-color: #0000FF; color: white;"><td style="text-align: center;">ZUMBA Fitness</td></tr> <tr><td style="text-align: center;">Level 1 Lindenthal</td></tr> </table>	18:00 – 19:00	ZUMBA Fitness	Level 1 Lindenthal	<table border="1" style="margin: auto;"> <tr><td style="text-align: center;">18:00 – 19:00</td></tr> <tr style="background-color: #0000FF; color: white;"><td style="text-align: center;">ZUMBA Fitness</td></tr> <tr><td style="text-align: center;">Level 2 Lindenthal</td></tr> </table>	18:00 – 19:00	ZUMBA Fitness	Level 2 Lindenthal	<table border="1" style="margin: auto;"> <tr><td style="text-align: center;">18:00 – 19:00</td></tr> <tr style="background-color: #0000FF; color: white;"><td style="text-align: center;">ZUMBA Fitness</td></tr> <tr><td style="text-align: center;">Level 2 Lindenthal</td></tr> </table>	18:00 – 19:00	ZUMBA Fitness	Level 2 Lindenthal									
18:00 – 19:00																								
ZUMBA Fitness																								
Level 1 Lindenthal																								
18:00 – 19:00																								
ZUMBA Fitness																								
Level 1 Lindenthal																								
18:00 – 19:00																								
ZUMBA Fitness																								
Level 2 Lindenthal																								
18:00 – 19:00																								
ZUMBA Fitness																								
Level 2 Lindenthal																								
	<table border="1" style="margin: auto;"> <tr><td style="text-align: center;">21:00 – 22:00</td></tr> <tr style="background-color: #0000FF; color: white;"><td style="text-align: center;">ZUMBA Fitness</td></tr> <tr><td style="text-align: center;">Level 1 Lindenthal</td></tr> </table>	21:00 – 22:00	ZUMBA Fitness	Level 1 Lindenthal																				
21:00 – 22:00																								
ZUMBA Fitness																								
Level 1 Lindenthal																								
	<table border="1" style="margin: auto;"> <tr><td style="text-align: center;">21:00 – 22:00</td></tr> <tr style="background-color: #0000FF; color: white;"><td style="text-align: center;">ZUMBA Fitness</td></tr> <tr><td style="text-align: center;">Level 2 Lindenthal</td></tr> </table>	21:00 – 22:00	ZUMBA Fitness	Level 2 Lindenthal																				
21:00 – 22:00																								
ZUMBA Fitness																								
Level 2 Lindenthal																								

Schnupperangebot	19,00 €	3x Schnuppern an beliebigen Terminen
Zehnerkarte	95,00 €	beliebig einsetzbar
Variante A	25,00 € mtl.	1x wöchentliches Training
Variante B	35,00 € mtl.	Mehrfach wöchentliches Training
Variante C	45,00 € mtl.	Mehrfach wöchentliches Training in Lindenthal und Rodenkirchen